

## 2021 Consumer Directed Healthcare (CDH) Preventive Medications - Standard Plus

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category.

This list does not indicate coverage. Please check with your plan administrator and/or benefit information materials if you have questions on coverage. Your cost share will be determined by your plan's drug coverage and formulary plan.

Coverage prior to the deductible being met may not be provided for every dosage form of a listed medication.

Please note: When feasible, brand names are shown in capitals in each category. If generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase.

### ASTHMA/COPD

ACCOLATE (zafirlukast)  
ADVAIR DISKUS (wixela inhub)  
ADVAIR HFA  
albuterol  
ALVESCO  
ANORO ELLIPTA  
ARMONAIR RESPLICLICK  
ARNUITY ELLIPTA  
ASMANEX HFA  
ASMANEX TWISTHALER  
ATROVENT HFA  
BEVESPI AEROSPHERE  
BREO ELLIPTA  
BROVANA  
budesonide oral inhalation  
COMBIVENT RESPIMAT  
cromolyn nebulizer  
solution  
DALIRESP  
DULERA  
FASENRA  
FLOVENT DISKUS  
FLOVENT HFA  
INCRUSE ELLIPTA

### ASTHMA/COPD (continued)

Inhaler and nebulizer  
assistive devices  
ipratropium/albuterol nebulizer  
solution  
ipratropium nebulizer solution  
levabuterol nebulizer solution  
LONHALA MAGNAIR  
metaproterenol  
montelukast  
NUCALA  
Peak flow meters  
PERFOROMIST  
PROAIR HFA  
PULMICORT FLEXHALER  
QVAR REDIHALER  
SEREVENT DISKUS  
Spirometers  
SPIRIVA HANDIHALER  
SPIRIVA RESPIMAT  
STIOLTO RESPIMAT  
SYMBICORT  
terbutaline oral  
THEO-24  
theophylline  
TRELEGY ELLIPTA  
VENTOLIN HFA

### ASTHMA/COPD (continued)

XOLAIR  
XOPENEX nebulizer solution  
YUPELRI  
ZYFLO (zileuton ER)

### BONE DISEASE AND FRACTURES

ACTONEL (risedronate)  
ATELVIA (risedronate)  
BONIVA (ibandronate)  
DUAVEE  
EVISTA (raloxifene)  
FOSAMAX (alendronate)  
FOSAMAX D  
BINOSTO  
RECLAST (zoledronic acid)

### CAVITIES

CLINPRO  
GEL-KAM  
PHOS-FLUR  
PREVIDENT  
sodium fluoride rinse, gel, cream,  
paste, tabs and drops  
stannous fluoride rinse

# 2021 CDH Preventive Medications - Standard Plus

## COLONOSCOPY PREPARATION\*

CLENPIQ  
gavilyte-c  
GOLYTELY (polyethylene glycol,  
gavilyte-g)  
NULYTELY (polyethylene glycol,  
gavilyte-n, trilyte)  
PLENVU  
PREPOPIK  
SUPREP

## DEPRESSION

citalopram  
escitalopram  
fluoxetine  
fluvoxamine  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
PEXEVA  
SARAFEM (fluoxetine)  
sertraline

## DIABETES

### INSULINS

AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

SOLIQUA  
XULTOPHY

## NON-INSULINS

ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
ACTOPLUS MET XR  
AMARYL (glimepiride)  
AVANDIA  
BYETTA  
BYDUREON  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
FORTAMET (metformin ER)  
glipizide/metformin  
Glucometers  
GLUCOTROL XL (glipizide ER)  
glyburide/metformin  
GLYNASE (glyburide)  
GLYSET (miglitol)  
GLYXAMBI  
INVOKAMET  
INVOKAMET XR  
INVOKANA  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
Lancets  
metformin  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters)  
Needles  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
repaglinide/metformin  
RIOMET solution  
RYBELSUS  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY

## NON-INSULINS (continued)

SYNJARDY XR  
Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

### BLOOD THINNERS

aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
XARELTO  
ZONTIVITY

### CHOLESTEROL LOWERING

#### HMG-COA REDUCTASE INHIBITORS\*

atorvastatin  
FLOLIPID suspension  
LESCOL (fluvastatin)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin

#### OTHER CHOLESTEROL LOWERING AGENTS

ANTARA  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
QUESTRAN (cholestyramine)

# 2021 CDH Preventive Medications - Standard Plus

**OTHER CHOLESTEROL LOWERING AGENTS (continued)**  
QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
TRIGLIDE  
TRILIPIX (fenofibric acid)  
VASCEPA  
WELCHOL tablet (colesevelam)  
ZYPITAMAG

## **HIGH BLOOD PRESSURE (HBP)**

### **ACE INHIBITORS**

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

### **ACE INHIBITORS/DIURETIC COMBINATIONS**

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### **ANGIOTENSIN II RECEPTOR ANTAGONISTS**

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### **ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS**

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

### **BETA BLOCKERS**

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
INDERAL XL  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate  
pindolol  
propranolol  
propranolol ER  
TENORMIN (atenolol)  
timolol

### **BETA BLOCKER/DIURETIC COMBINATIONS**

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

### **CALCIUM CHANNEL BLOCKERS**

ADALAT CC (nifedipine ER)  
amlodipine  
CALAN (verapamil)  
CARDIZEM CD (cartia XT,  
diltiazem CD)  
CARDIZEM LA (diltiazem ER,  
matzim LA)  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine  
PROCARDIA XL (nifedipine ER)

### **CALCIUM CHANNEL BLOCKERS (continued)**

SULAR ER (nisoldipine ER)  
VERELAN (verapamil)  
TIAZAC ER (diltiazem ER, tiadylt ER,  
taztia XT)

### **DIURETICS**

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

### **OTHER HBP & COMBINATIONS**

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWINSTA (amlodipine/telmisartan)

### **MALARIA**

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/  
proguanil)  
primaquine

### **MIGRAINE PREVENTION**

AIMOVIG  
AJOVY  
EMGALITY 120mg

### **MISC ANTIVIRALS**

PREVYMIS  
SYNAGIS  
TRUVADA 200mg/300mg

# 2021 CDH Preventive Medications - Standard Plus

## OBESITY

ADIPEX-P (phentermine)  
benzphetamine  
CONTRAVE  
diethylpropion  
LOMAIRA  
phendimetrazine  
QSYMIA  
SAXENDA  
XENICAL

## SMOKING-CESSATION\*

CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
ZYBAN (bupropion SR 150mg)

## VACCINATION\*

Anthrax, BCG, Cholera,  
Diphtheria, Haemophilus  
Influenza B, Hepatitis A and B,  
Human Papillomavirus, Influenza,  
Japanese Encephalitis, Measles,  
Meningococcal, Mumps, Pertussis,  
Pneumococcal, Poliovirus, Rabies,  
Rotavirus, Rubella, Shingles,  
Tetanus, Typhoid, Varicella, Yellow  
Fever, Zoster

## VITAMINS OR MINERALS

Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](http://express-scripts.com).**

© 2020 Express Scripts. All Rights Reserved. Express Scripts and the "E" Logo are trademarks of Express Scripts Strategic Development, Inc. All other trademarks are the property of their respective owners.